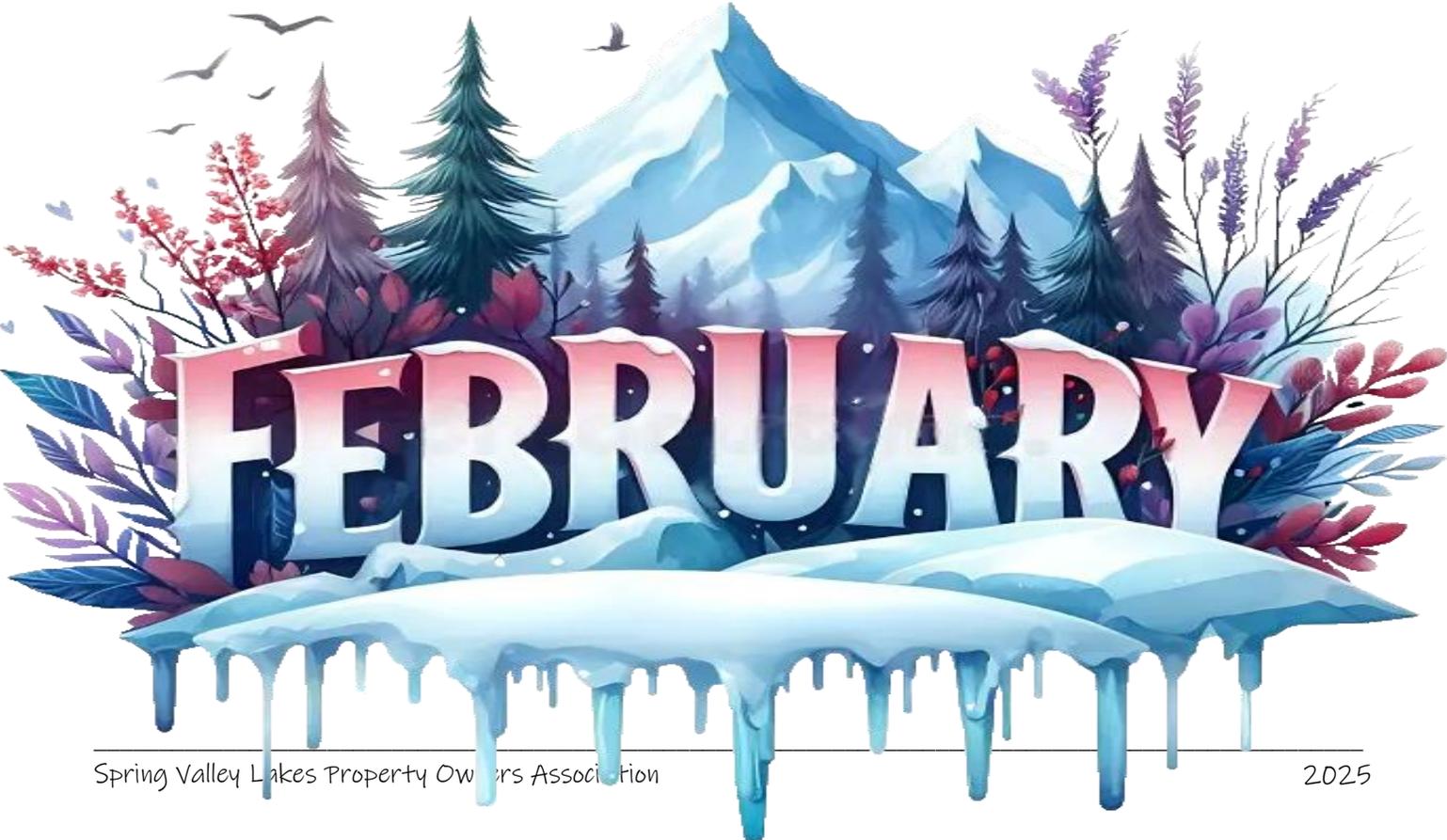


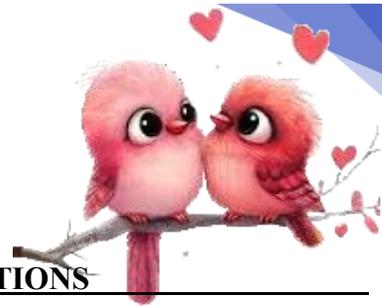
SPRING VALLEY NEWS



SVLPOA - 3005 Wolf Creek Rd. - Clearlake Oaks, CA 95423

Current & archived SVL newsletters available online at www.svlpoa.org





Contact Information

EMERGENCY NUMBERS

Emergency Services	911
Sheriff Dispatch	707)263-2690
CDF-Clearlake Oaks (Hwy 20)	707-998-3711
Northshore Fire	707-274-3100
Animal Care and Control	707-263-0278
Special Districts – Water	707-263-0119
Poison Control	800-222-1222

SVLPOA POSITIONS

President –	Jeff Graves	707-350-6300
V. President –	Cheryl Graves	707-350-6300
Secretary –	Sarah Clark	916-410-0353
Treasurer –	Vicki Hennen	707-900-1935
Bldg. Cord –	Brian Schwartz	707-8458-042
Camp Info. –	Helen Mitcham	707-998-9194
Camp Keys –	Helen Mitcham	707-998-9194
C.C. Rental –	Bryan Schwartz	707-8458-042
Newsletter –	Valerie Jennings	707-761-3824



THE VALLEY CALENDAR

Feb

Feb 4	Wed	Clearlake Gleaners Food Bank - <i>Community Center</i> - 8am -10am E.R.T.H. (<i>East Regional Town Hall</i>) - <i>Moose Lodge</i> - 4pm CSA #2 Advisory Board - <i>Community Center</i> - 7pm
Feb 6	Fri	Set up for Breakfast - <i>Community Center</i> - 10 am
Feb 8	Sun	SVLPOA Breakfast - <i>Community Center</i> - 8am – 11 am Spring Valley Walking Group - <i>Campgrounds</i> - 2 pm
Feb 15	Sun	Spring Valley Walking Group - <i>Campgrounds</i> - 2 pm
Feb 19	Thu	Clearlake Gleaners Food Bank - <i>Community Center</i> - 8am - 10am SVLPOA General Meeting - <i>Community Center</i> - 6:30 pm
Feb 22	Sun	Spring Valley Walking Group - <i>Campgrounds</i> - 2 pm
Feb 27	Fri	Karaoke - <i>Community Center</i> - 5pm – 10pm

Mar

Mar 4	Wed	Clearlake Gleaners Food Bank - <i>Community Center</i> – 8 am -10 am E.R.T.H. (<i>East Regional Town Hall</i>) - <i>Moose Lodge</i> – 4 pm CSA #2 Advisory Board - <i>Community Center</i> – 7 pm
Mar 6	Fri	Setup (for monthly breakfast - <i>Community Center</i> - 10am
Mar 8	Sun	SVLPOA Breakfast - <i>Community Center</i> - 8am – 11 a
Mar 19	Thu	Clearlake Gleaners Food Bank - <i>Community Center</i> - 8am -10am SVLPOA General Meeting - <i>Community Center</i> - 6:30 pm New Board Elections - <i>Community Center</i> - 6:30 pm
Mar 27	Fri	Karaoke - <i>Community Center</i> - 5pm – 10pm



Every Monday

Every Sunday

Spring Valley Bible Study – **On Winter Break**

Spring Valley Walking Group - *Campgrounds* - 2 pm





Sunday Breakfast

(2nd Sunday of every month)

8 AM – 11 AM

All you can eat Buffet

Scrambled Eggs, Hash Browns, Sausage, Bacon,
Biscuits and Country Gravy.

Only One Kitchen Order per person

Omelets, Pancakes, Waffles, or any Sunday special
Unlimited Coffee and Juice Included in the Price.



SVLPOA Members (\$10)

Adults (\$12)

Children Aged 5-10 (\$7)





PRESIDENT'S MESSAGE- *by Jeff Graves*

Thank you to everyone who volunteered at January events: Helen, Anthony, Claudia, Dawn, Valerie, Madeline, Bruce, Sarah, Jacob, Mark, Joe, Ron, Dirk, and Dan. Events for February will include breakfast on February 8 and karaoke on February 27. If you have not yet renewed your membership for 2026, memberships can be renewed at any community event or by mail. Members receive a discount on monthly breakfasts and the 7th breakfast free. For questions on membership please contact Valerie, 707-761-3824.

WOLF CREEK FIREWISE - *by Win Cary*

The Firewise USA certification for 2026 has been completed. Residents can request a copy for their homeowner's insurance company by calling 707-998-3004.

Nine volunteers attended the Planning Meeting on Saturday, January 10. Thank you to Win & Jim Cary, Dirk Widman, Charlotte Wright, Martin Diesman, Deborah Edwards, Madeline Lewek-Frando, and Leesa Barton for their input. We discussed plans for the coming year. Saturday, May 9, is the National Firewise Day, and the program calls for all Firewise groups to do something special for their community. In 2025 we brought in a large dumpster (at a cost of \$1200) and placed it at the Community Center area for residents to have a place to clear refuse from their lots. Several residents took advantage of this program, and we plan to do it again (but the cost is now \$1400) this year. We also had residents walking the streets and picking up garbage, and we hope to have volunteers for this effort again this year. All residents are welcome to volunteer. If you need help with your property or want to volunteer call 707-998-3004.



Weed spray or weed cut? Now is the time to begin work on clearing the weeds from your property. Your choice is to use weed spray now or cutting the weeds later in the year. If you are concerned about using weed spray around animals, there is a spray named Spruce that advertises it can be used around animals.

We continue to say "thank you" to the Northshore Fire Hogback Ridge wood chipping crew for their work in the valley clearing wood piles for neighbors. If you have trimmed trees or cut down shrubs, sign up with Clear Lake Environmental Research Center (CLERC) at 707-245-9991 or email at chipping@clerc.co to have the wood chipping crew come to your property. CLERC received the grant funds to provide this service for all of Lake County, so they must do the paperwork for the program. Their crew is stationed at the Upper Lake facility, so they wait to come to Spring Valley until there are five or more jobs to do. They are working throughout the county to assist any residents needing their help.



Chair Exercise Classes 3 Times a Week! - by Dawn Anuszewski

Enjoy one, two, or all three classes each week - whatever fits your schedule.

Everyone is welcome! Come on your own, with a partner, or with friends... and make new ones along the way.

Purpose: Agility, Independence & Mobility (A.I.M.)

When we lose one—or all—of these, the body, mind, and organs begin to feel the strain. That's often when stress, depression, and pain increase.

We come from all ages and stages of health. Some of us may be recovering from surgery or managing ongoing pain. This class meets you where you are.

Exercise and laughter are two of the best natural forms of healing - **not a prescription.**

If you use a cane, we incorporate it as an exercise prop, using it for a variety of stretches and muscle movements. This creates an excellent form of physical therapy—no doctor required.

When: Wednesdays 10am – 11am, Fridays 9:30am – 10:30am & 11am – 12pm

Where: Lucerne Alpine Senior Center - 3985 Country Club Dr Lucerne, Ca. 95458 – (707) 274-8779

I have been blessed to date with two AAA grants to teach chair exercises at the Lucerne Alpine Senior Center. Come join ME. See you soon to stretch and laugh together!!

Thank you kindly,
Dawn Anuszewski
Lake county resident 20+ years



SPRING VALLEY WALKING GROUP

Come Join Us!

Meet at the campground gate and connect with others while getting some fresh air and movement.

There will be **two walking options:**

- Everyone will start together on a **moderate walk to the creek**
 - Those who want to continue around the campground may do so
 - Anyone who prefers a shorter walk can head back to the gate with a group

Let's get healthy together!

When: Sundays — February 8th, 15th & 22nd

Where: Front gate at the campground

Who is invited: Everyone! Friendly dogs on a leash are also welcome 🐾

What to bring / wear:

- Sturdy walking shoes
- Water
- A hat
- A walking stick if needed (parts of the trail are rocky). I will bring a couple of extras to borrow.

Additional Information:

- The group will walk for **10 weeks**, and then we'll see what's next!
- This is a **walk-at-your-own-risk** activity. Please walk only where it is safe, choose a distance that feels right for you, and walk with a partner when possible.

Contact:

Deborah Edwards
☎ (530) 473-8531

*I am working to build a core group of six continuous walkers to help qualify for sponsorship through the local **Blue Zones Lake County Wellness Initiative***





ON THE GREENBELT - by Joe Welz

February can be warm at times, watch the weather if the temperature gets 65 – 70 degrees or over. I would suggest spraying herbicide although you must spray twice for later weeds, like star thistle and goat head thorns. It sure cuts down on weed whipping. We must prepare for fire season year-round. That's just the way it is these days.

Thank you, Cindy Storrs, for coming down and helping burn at the debris pile across from the Community Center on Dec 20th. This debris pile threatens both the Community Center and Water Plant. If there was a grass fire and that pile ignited on a north wind, charcoal embers would ignite the area south of the pile for a couple miles. The community must maintain a constant vigil for the threat of wildland fire and mitigate those threats during the burn season.

I must remind the young people of our community we have a Fire House with two engines and could use a few volunteers. Volunteering is not a paid position, but a way to protect and give back to your community. You can contact North Shore Fire District for additional details. It can lead to a Career in Firefighting, an excellent job here in Lake County.

December 20th to 27th it rained 8 days. I measured 6.60" of rain for a total of 12.90" for the season. We are halfway there for a normal winter as of Dec. 27th.

Jan 10th Charwin Ward was passing by while I was working on the debris pile across from the community center. I had already burnt four piles with the help of Cindy Storrs and was building a fifth pile when Charwin and Lisa pulled into the work area. He knew my back had given out and offered to come back with his tractor to clean the area and he did after carefully assessing the material in question. Noticing 60 to 65% was too big and too rotten to burn it was decided to compost what remained. As this material decays, insects and worms will help break it down providing food for birds and reptiles. Quail will nest in it's nooks and crannies. Life goes on. Charwin has always been more than happy to help on the community's green belt, bringing his dozer or skid steer down to move things around. After all I'm 70 yrs and my herculean days may be coming to an end, only time will tell.

Cal Fire may be working in the campground at the end of Jan. to the beginning of Feb. Slash and burn to protect our ecosystem from wildland fire.

As of Jan. 19th I have measured 16.75" of rain at my home this season. 7" to go for normal rainfall.

Indian Valley Reservoir as of 1/14/26 was holding 234k ac. ft., releasing 27 cfs.

Clearlake is considered full at 7.56 Rumsey.

California Gray Pine grows here very well, a native tree providing shade, pine nuts, and firewood in the end, but must be monitored because if left unattended, it will grow too close together. Google says 20' to 30' is necessary for a healthy forest and growing up into our valley oaks is just unexpected so if you notice me removing immature gray pine trees, it is for the good of the ecosystem.

Till next time, Joe Welz



Note from the Editor - by Valerie Jennings

I'd like to remind everyone that the new board elections are coming in March. To run for a board position or vote for those who are running, you need to be a member of the POA by February 19th. If you are interested in running for a position, or seeking more information, you can contact any member of the board (listed on page 2).

I'd like to give a shout-out to our spring valley Gleaners volunteers for all their hard work and dedication to help support our valley. Thank you, Lori, Louie, Bruce, Evan, Valerie, Dan, Vicki E., Vicki H., Joshua, Annie, Marc, Jerry, Vicki H., Mark, Cheri, Yolanda, Ron, Virginia & Dana.

Happy Valentine's Day



